

# Communication And Conflict Resolution Skills

## **New course starting in MAY**

Open to friends, family and colleagues  
at

Currambena School  
205 Longueville road lane cove

Phone 9427 0644  
Ask for Fran, Chris or Wendy

**Sixteen hours of participatory workshop learning  
Will make a difference in your life**

"I came to a much better understanding of myself and my patterns and issues. I learnt the language of resolution and how to take a broader perspective and see another's point of view."  
Past participant

**Cost: \$300 per person**  
(\$450 couple discount)

Cost includes morning teas, course manual and copy of "the gentle revolution"

**Rsvp by Wednesday 30<sup>th</sup> April**

**Timetable Conflict Resolution Course  
May 2008**

<p><b><u>Session 1</u></b> <b><u>Saturday 3<sup>rd</sup> May</u></b></p> <p><b>9am</b> <b>Win/Win</b> <b>Creative response</b></p> <p><b>10:50</b>    <i>Morning Tea</i></p> <p><b>11:10</b> <b>Empathy</b> <b>1pm finish</b></p>	<p><b><u>Session 2</u></b> <b><u>Saturday 10<sup>th</sup> May</u></b></p> <p><b>9am</b> <b>Appropriate Assertiveness</b></p> <p><b>10:50</b>    <i>Morning Tea</i></p> <p><b>11:10</b> <b>Power</b> <b>1pm finish</b></p>
<p><b><u>Session 3</u></b> <b><u>Saturday 17<sup>th</sup> May</u></b></p> <p><b>9am</b> <b>Managing Emotions</b> <b>Willingness to Resolve</b></p> <p><b>10:50</b>    <i>Morning Tea</i></p> <p><b>11:10</b> <b>Mapping the Conflict</b> <b>Designing Options</b> <b>1pm finish</b></p>	<p><b><u>Session 4</u></b> <b><u>Saturday 24<sup>th</sup> May</u></b></p> <p><b>9am</b> <b>Introduction to Negotiation</b></p> <p><b>10:50</b>    <i>Morning Tea</i></p> <p><b>11:10</b> <b>Introduction To Mediation</b> <b>Broadening Perspectives</b> <b>1pm finish.</b></p>

## **PRESENTERS**

### **Fran McCarthy**

One of the first In-service courses Fran attended on arriving at Currumbena in 1993 was three days training at the Chatswood Conflict Resolution Network and she has been teaching it ever since, firstly and endlessly with children and then with parents.

She has received invitations to teach other professionals throughout Sydney. Three years ago, Fran and Chris were invited to train in Nepal, at the Bhutanese refugee camp, and for Principals in Kathmandu.

No matter what age, environment or culture, the feedback is always based on an increase in confidence, empowerment and self-awareness.

### **Chris Price**

Chris has worked with preschool children for 17 years and is a parent of two adult boys. She completed her Conflict Resolution training through consultants for professional development at Currumbena, and has completed CR and mediation training with the CR Network. She has also trained in Assertiveness with relationships Australia.

Chris ran workshops with colleagues at Currumbena for parents and teachers and travelled to Nepal with Fran to deliver CR training there. She also ran workshops for Fairfield Council, Family Day Care Association, University of Western Sydney and Summer Hill Council amongst other groups. She collaborated on three CR videos for Preschool and Primary School.

### **Wendy Pettit**

Wendy completed her first Conflict Resolution Training over three days in 1991 and found it confirmed and gave her new language and tools for crucial aspects of her parenting and teaching. She has taught for over 20 years, all age groups, and is parent to three (almost) adult children.

After Mediation and advanced skills training in CR, Wendy worked with Fran and Chris to provide the course requested by Currumbena parents to extend their communication and resolution skills based on the CR Network materials. They have offered this 16 hour

program ten times in the last few years. It is a great pleasure to teach these skills to parents, knowing they will be passed on to their children.

Wendy has also worked in corporate settings and with community groups teaching these skills and is currently completing a Diploma of Counselling.